

Amby[®] BABY HAMMOCKS

The Best Sleep for your Baby

Instruction Manual Amby Air Baby Hammock

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Welcome to Amby



Congratulations on your decision to purchase an Amby Baby Hammock, I'd like to welcome you into our Amby family!

As a mother of three children who have all slept beautifully in an Amby Baby Hammock, I can assure you that you have made the best decision for you and your baby.

Once your baby is comfortable and settled in Amby's natural sleep environment, you'll wonder how you ever survived without such a wonderful sleep space!

Regards,

Trish Brimelow
Amby CEO



Assembly Instructions

IMPORTANT: Please read these instructions before unpacking. Place items from carton onto floor and check you have all parts shown. You will need an adjustable spanner/wrench (small spanner may be included).

Step 1

The frame consists of six pieces of self-locking tube that simply fit into one another. Starting with the "U" shaped bar, lock in the two "L" shaped bars, which curve upward – this is the base (**Photo A** on page 3). Then insert the two straight bars into the "L" shaped bars (**Photo B**), followed by fitting the "V" bar into the tops of the straight bars (**Photo C**). Make sure the steel buttons lock into place with each insertion.

Step 2

A nylon washer should be placed on the eyebolt, before it is inserted through the hole at the top of the frame (**Photo D**). Be sure the eye of the bolt is pointed downward. Once inserted, place the other nylon washer on the tip of the eyebolt, followed by the self-locking nut. Tighten the nut with a wrench/spanner at least until the bolt shows through by 10mm.

Step 3

Twist the spring onto the eyebolt (**Photo E**) and hook the safety strap into the eyebolt as well (**Photo F**). Then take the spring cover and slip over the spring and safety strap with the two velcro straps toward the top. Pull the spring cover up to the frame (**Photo G**), bring the two velcro straps over the top on either side of the eyebolt, and fasten them to themselves.

Step 4

Locate the slit in the top of the hammock sling, feed

the circular top of the crossbar (hanger) through the slit (**Photo H**) and attach crossbar to the bottom of the spring. Wind the safety strap around the spring and attach to the top of the crossbar (**Photo I**). Make sure the spring cover is covering the entire spring apparatus and safety strap – attach cover to itself with the velcro at the bottom.

Step 5

Gather the fabric side walls of the hammock and thread them through the horns at either end of the crossbar (**Photo J**). Then locate the two sets of velcros that help adjust the incline. These are located on the underside of the fabric that runs along the crossbar – one toward the head and one toward the feet. For a slight incline, fasten the velcro towards the head and leave the velcro toward the feet unfastened. Locate the ties sewn onto the inside of the side walls (**Photo K**). For support, tie tightly above the ends of the crossbar, followed by a bow (**Photo L**). If your child requires the hammock to be at an increased incline, pull additional fabric through the ends of the crossbar into the centre and secure with ties.

Step 6

Place mattress inside the hammock with the velcro side down, be sure that the mattress is flush with the ends of the hammock.

Step 7

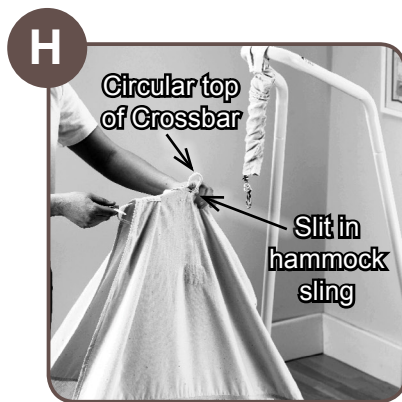
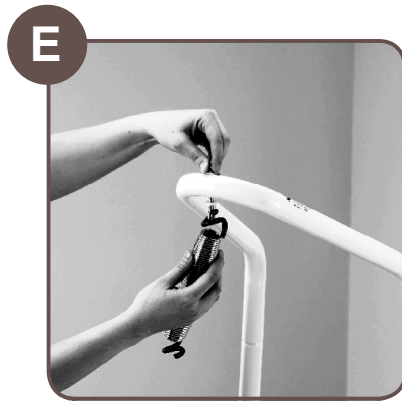
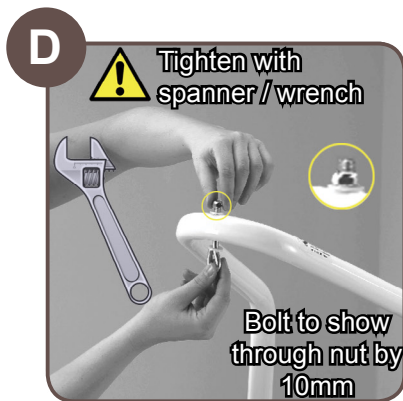
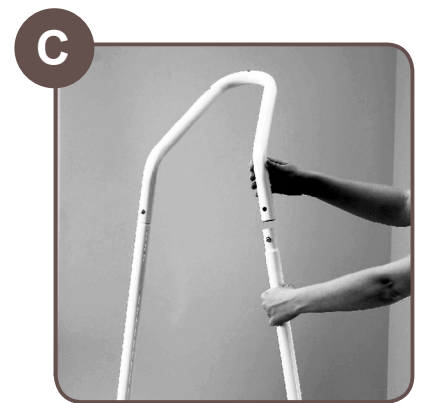
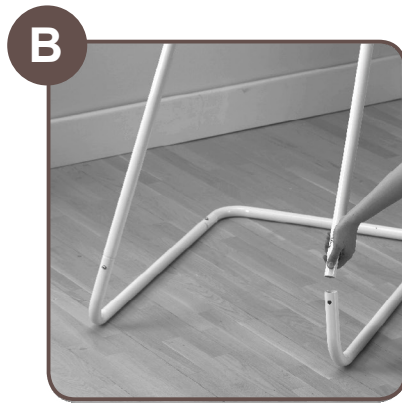
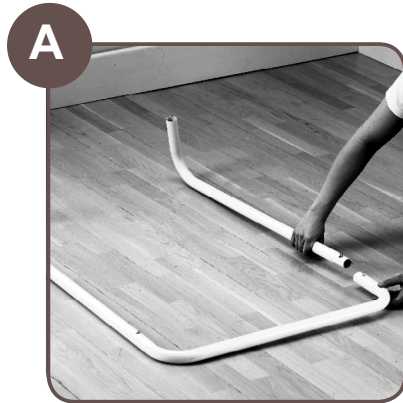
Settle your baby inside the hammock on his back. **DO NOT** place your baby on his side or tummy in the hammock. If your baby resists when placed in the hammock for the first time – don't worry. See our other informative sections for help getting baby accustomed to the new environment

OUR GUARANTEE

The Amby Baby Hammock is unconditionally guaranteed against faulty workmanship or materials for a period of 12 months from the date of purchase, provided the unit is assembled per instructions and washing instructions are followed. The Amby Baby Hammock company will repair or replace any faulty goods. Note: Slings damaged by negligence will not be replaced under this guarantee.

Welcome to the world of natural sleep!

Assembly Photos



Adjusting the Incline of your Amby

Step 1: Release the Velcro strip below the spring at the top of the crossbar (hanger).

Step 2: Untie both the bows. This will loosen the fabric in the horns at each end of the crossbar. See **Fig.1**

Step 3: Next locate the Velcro strips on the front and back end of the hammock (near the crossbar). See **Fig. 2**

Step 4: Pull the two Velcro strips evenly together into the centre of the fabric. The more of the Velcro you press together, the greater the head-end of the mattress will be raised. See **Fig. 3**

Step 5: Re-tie the bows and re-attach the Velcro strip below the spring at the top of the hanger.

Note: If you find your baby is sliding towards the front opening (foot) end of the hammock you can repeat the same steps to raise the feet side by pressing together the front Velcro.

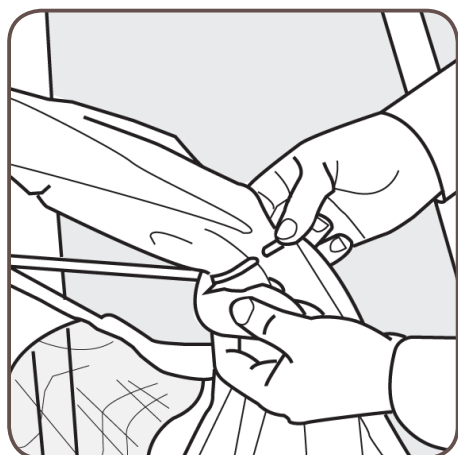


Fig. 1

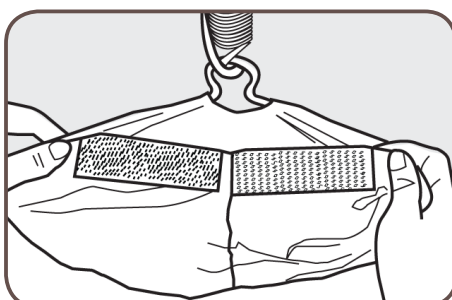


Fig. 2

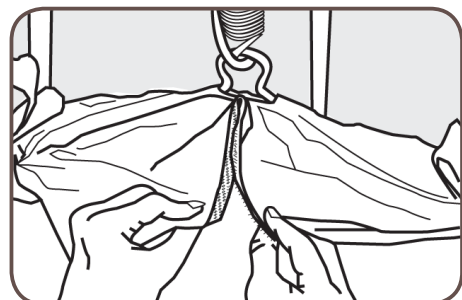


Fig. 3

Baby Positioning

Step 1: If you want your baby's head to be raised higher, position the baby's feet closer to the opening zipper (front end) of the hammock. This will displace the baby's weight and will raise the head side.

Step 2: Normal positioning for your baby in the hammock is to place your baby's "navel" or mid section perpendicular (right angle) to the cross bar above. The mid section should be placed in the middle of the hammock bed.

Step 3: If you want the head side to be lower, position the baby's mid section further towards the head or back end of the hammock. This will distribute the baby's weight more evenly.

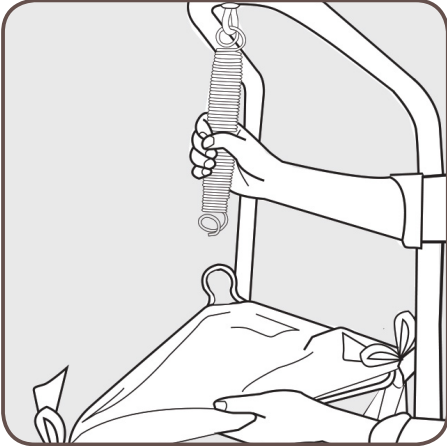


Baby Gaining Weight

As your baby gains weight you might be required to "adjust the hammock head side lower" since your baby will be sinking into the hammock more because he will be gaining weight as he grows.

Spring Sock Installation

Step 1:



Detach the crossbar from the spring.

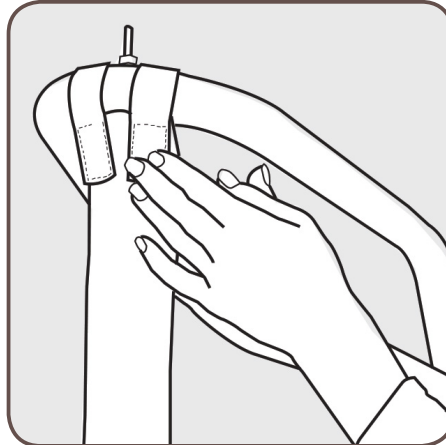


Step 2:



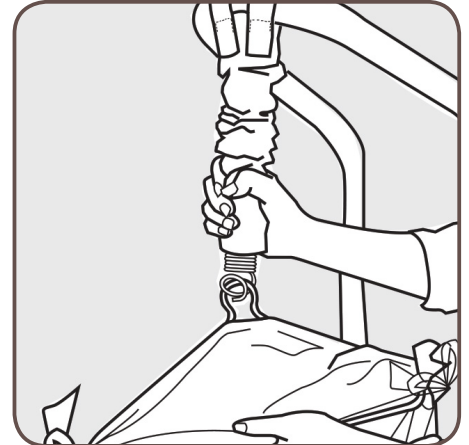
(i) Slide the cover over the spring.
(ii) The top is depicted by the two velcro strips.

Step 3:



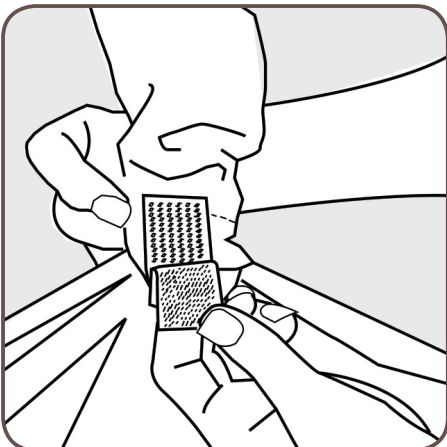
(i) Wrap each strap around the tubular frame.
(ii) Secure the velcro tabs in place.

Step 4:



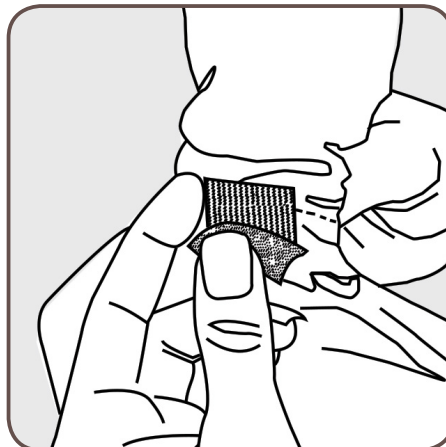
Re-attach the cross bar to the spring.

Step 5:



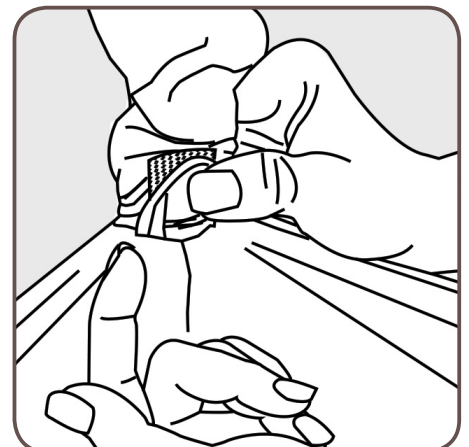
(i) Pull the inside square below the outside piece of velcro.
(ii) Place index fingers on the inside velcro squares.
(iii) Pull down under the loop in crossbar.

Step 6:



(i) Secure the velcro squares by tightly wrapping around the crossbar.
(ii) Secure each square evenly to each other by sticking the fuzzy side to the sticky side.

Step 7:



Please ensure that the velcro tabs are tightly secured together.

Safe Sleeping For Your Baby

At Amby, safety is at the heart of all we do and is the most important of our company values. We will not compromise on safety and our customers can rest assured that your baby is safe in an Amby Air Baby Hammock. But a baby's safety is the responsibility of parents and the decisions and choices they make.

The following recommendations are based on a study of the research into protecting and promoting the safety of babies and all parents should take full account of these.

- Don't smoke during pregnancy or after birth and keep your baby smoke-free – especially when very young but preferably all through their childhood
- Breastfeed, if possible
- Don't drink alcohol during pregnancy or whilst breastfeeding
- Sleep with your baby placed in a hammock, cot or Moses basket in the same room for the first 4-6 months of his/her life – but never in the same bed
- Always place your baby on her/his back to sleep
- Make sure you have a firm, flat, waterproof mattress in a good condition. (Even if you are using the same hammock or cot for your second baby, or have borrowed or purchased one second hand, it is always advisable to buy a new mattress that is specific for that hammock or cot to ensure it fits correctly.)
- Don't let your baby get too hot (the ambient temperature should be around 18°C).
- Don't cover your baby's face or head whilst sleeping and don't use loose bedding
- Never sleep with your baby in your bed or fall asleep with him/her on a settee/chair

General Information

For nine months your baby had the perfect sleeping environment and the Amby Air Baby Hammock's womb-like design can simulate this for your newborn baby.

The patented Amby concept is nothing new. Worldwide, thousands of satisfied customers have purchased Amby Baby hammocks for their babies with compelling results. You can learn more about these experiences at www.babyhammocks.com/testimonials-parents.

For centuries, baby hammocks have been widely used

in many parts of Asia and the Americas. The Amby Baby Hammock was designed by Australian inventor Ambrose Hooi who developed it for his own children in 1989 and, because he found it very effective, he created the current design, which is used in homes, hospitals and childcare centres worldwide.

Each element of the hammock's design has been based on many years of scientific research to aid safety and increase comfort.



How to Make the Most of your Amby Air Baby Hammock

It is recommended that your baby uses the Amby Snuggler sleep positioner, which provides a snug and secure environment to prevent small babies from rolling to one side of the hammock. Place the Snuggler next to the infant's arms, or if the infant likes more mobility, place the Snuggler around the infant's hips.

Do not confuse your baby by changing between different style beds – you want the baby to associate the hammock with sleep.

Continuity and persistence are the keys to settling very "fussy" babies. Part of the settling period is dependent upon allowing the natural vertical motion of the hammock to slowly lull your baby to sleep. This rekindles your baby's basic instinct and helps them recall the soothing movements he/she felt in the womb.

Try not to overly wrap or swaddle your baby. The hammock is designed to respond to the baby's movements, helping them learn to self-soothe. In addition, the Amby provides a free flow of air to circulate around and through the mesh, allowing your baby to be snug in the winter and cool in the summer.

Take time to balance the hammock for the weight of your child. Babies may slide forward if the hammock is positioned too upright. It might take a few times to provide the perfect balance until your child will sleep comfortably in his/her favourite position.

To comfortably place your baby in and out of the hammock, try not to stoop. Simply hold your baby in the crook of your arm, place one knee against the outside of the hammock. Bend the other knee, and half enter the hammock yourself and place the baby. Do the same when taking the baby out.

Important Warnings!



WARNING

– Failure to follow these warnings and the instructions could result in serious injury or death.

FALL HAZARD – To help prevent falls, do not use this product when the infant begins to push up on hands and knees or has reached manufacturer's recommended maximum weight, whichever comes first.

SUFFOCATION HAZARD

Infants can suffocate:

- In gaps between an extra pad (or pillow) and side of the hammock
- On soft bedding

NEVER add a mattress, pillow, comforter or padding. Use **ONLY** the mattress provided by manufacturer.

To reduce the risk of SIDS, paediatricians recommend healthy infants be placed only on their backs to sleep.

If a sheet is used with the mattress, use only the one provided by the manufacturer.



WARNING

– Strings can cause strangulation. Do not place items with a string around the child's neck, such as hood strings or pacifier cords. Do not suspend strings with toys over the hammock.

DO

- Use the hammock from the moment your baby is born - and if you have bought it beforehand, see if you can take it to the maternity ward with you.
- Place your baby on her back with her head toward the top, centred top to bottom.
- Zip up the foot end once your baby has been placed in the hammock.
- Wrap your baby loosely with a light blanket or sheet, leaving his/her arms free.
- Move the Amby Air Baby Hammock up and down gently by placing your hand on the crossbar to create vertical motion. Continue this motion until your baby is soothed. Newborns tend to settle more quickly than older babies but persistence is the key for unsettled babies.
- Take the Amby Air Baby Hammock with you as you travel.
- Wash all items as per the washing instructions and, preferably, let them dry in the open air.
- Use your Amby Baby Hammock for up to 12 months. All hammock sets include a spring that supports up to 12kg. If baby continues to sleep well in the hammock past 12kgs, you can purchase a second spring to use in conjunction with the original spring.

DON'T

- Place your baby face down or on his side in the hammock.
- Swing the hammock around with undue care.
- Poke fingers into the spring.
- Place the hammock on sloping or uneven ground.

IMPORTANT, RETAIN FOR FUTURE REFERENCE. READ CAREFULLY

- The hammock should be placed on a horizontal floor.
- Young children should not be allowed to play unsupervised in the vicinity of the hammock.
- Do not use the hammock if any part is broken, torn or missing.
- All assembly fittings should always be tightened properly and care should be taken that no screws are loose, because a child could trap parts of their body or clothing (e.g. strings, necklaces, ribbons, etc.), which could cause strangulation.
- Do not use the hammock sling without its frame.
- Beware of open fires and other sources of strong heat, such as radiators, gas fires, etc. within the near vicinity of the hammock.
- When a child is able to sit, kneel or pull itself up, the hammock should not be used any more for this child.

The logo features the word 'Amby' in a large, black, sans-serif font, with a red stylized 'A' that incorporates a hammock shape. A registered trademark symbol (®) is positioned to the upper right of the 'y'. To the right of 'Amby' is the text 'BABY HAMMOCKS' in a smaller, red, sans-serif font. Below the logo is the tagline 'The Best Sleep for your Baby' in a black, cursive script font.

Amby[®] BABY HAMMOCKS

The Best Sleep for your Baby

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